

UCSD STAFF BENEFITS & RESOURCES

Finances

- [Financial Planning](#) (One-on-one consultations available with Tuyet Le at x22568)
- [Financial Workshops](#) (Various topics covered, including *Estate Planning*, *Insurance*, *Social Security* and *UC Plans*)
- [College Savings Program](#) (Contribute money toward higher education and have the earnings grow tax-deferred)
- [UCRP](#) (University of California Retirement Plan: Vestment after 5 years service credit)
- [DCP](#) (Defined Contribution Plan: Provides supplemental retirement benefits)
- [403B](#) (Tax-deferred investment program for retirement)
- [457B](#) (Secondary tax-deferred investment program for those wishing to invest more than maximum allowed in 403B)
- [Banking Services](#) (15-page PDF outlining a variety of discounts and services available at several banking institutions)
- [Home Loan](#) (Wells Fargo secured website. Click on “Your Mortgage Benefits”)
- [USE](#) (Credit Union: Membership benefits are outlined at http://www.usecu.org/home/mem.mem_ben)
- [Health Care Reimbursement Account](#) (Pre-tax savings program for health care expenses not covered by insurance)
- [Triton Cash](#) (Debit card for dining and other services at various [locations](#) on and off-campus)
- [Compensation Calculator](#) (Estimate the value of your total compensation package)

Transportation

- Motorist Assistance Program (Stranded driver on-campus help) Contact: x48108 (or x36525 at the Medical Center)
- [Free Bus Routes](#) (Obtain a sticker for your ID card and ride various routes for free)
- New Car Discount [Offered by *Saab of Mission Viejo*, contact Jim Vickers, JimV@SaabOC.com or (949) 347-8626]
- [Shuttle Services](#) (11 different routes serving the UCSD campus)
- [Transit Club](#) (Discounts and other benefits for those committed to public transportation)
- [Zipcar](#) (Replaces the old Flexcar program)
- [Faculty & Staff Parking](#) (Includes a link to reciprocal parking services on other UC campuses)
- [Resources for Bicyclists](#) (Check out the *Triton Bikes Program*)

Insurance

- [Life Insurance](#) (Several plans available. Use [At Your Service](#) for your enrollment status and to designate beneficiaries)
- [Automobile & Homeowner Insurance](#) (California Casualty) [Auto: (877)331-8951 Homeowner: (877)331-8952]
- [Health Insurance](#) (A variety of plans to choose from)
- [Dental Insurance](#) (Two distinct dental plan choices)
- [Vision Care Plan](#) (Exam, Corrective Lenses & Frame or Contacts provided)
- [Legal Aid](#) (Employee-paid plan; Various attorney services provided, such as wills & trusts, divorce, adoption, etc.)
- [Long Term Health Care Insurance](#) (Coverage for nursing home or other assisted care costs)
- AD&D and Business Travel Accident Insurance (**pp.35-36** of http://atyourservice.ucop.edu/forms_pubs/misc/ygip2008.pdf)

HEALTH CARE & WELL-BEING

- [Sick Leave](#) (Time off for illness or bereavement)
- [Dependent Care](#) (Pre-tax savings plan for dependent care expenses)
- [Disability](#) (Coverage for both “Short-Term” and “Supplemental” disability are offered: See next entry, also)
- [Disabilities & Rehabilitation](#) (Many free services for disabled or people with a medical condition that could lead to disability)
- [Lasik](#) (20% discount at Shiley Eye Center; call X22566 for more info)
- [FSAP](#) Faculty & Staff Assistance Program (Free counseling, referrals and [resources](#) for a variety of life’s troubling issues)
- Pain-Free Program [Personalized Holistic Healthcare] (Contact Katie Spencer at x47392 or kyspencer@ucsd.edu for more info)
- [Worker’s Compensation](#) (Site for any job-related illness or injury)
- [Safety Training](#) (Numerous resources for accident or illness prevention, emergency preparedness, etc.)
- [Health Care Facilitator Program](#) (Free assistance with your specific health care plan coverage, billing issues, etc.)
- [Ergonomics](#) (Menu of essential information, training, resources, & contacts)
- [Student Health Service](#) (Obtain reduced rates on these [over-the-counter medications](#))

Exercise for Mind & Body

- [Educational Benefits](#) (Discounts for Extension, General Catalog, & Summer courses; Enrollment Central, etc.)
- [UCSD Craft’s Center](#) (Ceramics, Glassblowing, Neon, Photography, Fiber Arts, Metal, Jewelry, Graphics, etc.)
- [Library Services](#) (Excellent resources!)
- [UCSD Recreation Center](#) ((Recreation Card not required for classes but required to access recreational facilities.)
- [Mission Bay Aquatic Center](#) (858)488-1000
- Fitness Club Discounts (May be available through UC’s medical plan providers)

Entertainment

- [Holidays](#) (13 paid holidays per year)
- [Vacations](#) (Check website for accrual rates and maximums)
- [Entertainment & Recreation](#) (Click on “Campus Discounts” and Sign-On)

[Note: The following discounts are subject to availability and may only be offered seasonally]

[Magic Mountain](#)

[Wild Animal Park](#)

Movie Theater Tickets

[Sea World](#)

[Legoland](#)

Halloween Activities

[Disneyland](#)

[Universal Studios](#)

Ski Lift Tickets

[Disneyland/California Adventure](#)

[Knott’s Berry Farm](#)

[San Diego Zoo](#)

[Del Mar Fair](#) (& Fun Zone)

- [Stephen Birch Aquarium](#) (Reduced admission rate for UCSD staff)
- [Rental of Camping Gear, Sports Equipment & More](#) (Scroll down for entire list)
- [Staff Picnic & More](#) (Yearly events)

Community

- [Relocation Assistance for Dual-Career Couples](#) (Intended for new or transferring employees)
- [International Center](#) (Overseas opportunities; contact the *Programs Abroad Office* - x41123; Also has a resale shop)
- [Child Care](#) (A variety of [resources](#) for assistance in caring for your children)
- [Women's Center](#) (Check out the "About Us" and "Services" links for more information)
- [Eldercare](#) (Individual resources and referrals are available)
- [Domestic Partners](#) (Benefits information)
- [Cross-Cultural Center](#) (Celebrate diversity in the new site on the second floor of Price Center East)
- [LGBT Center](#) (Lesbian, Gay, Bisexual, Transgender resources and support)
- [Sexual Harassment Prevention](#) (Office located at the corner of Gilman & Myers in the University Center; Building 201)

Other

- [UCSD Bookstore](#) (Discounts on Books, Instruments, Hardware, Software, Cameras & Electronics)
- See's Candies (11% - 29% discounts at 3751 Rosecrans store only; must show UCSD ID card or pay stub to qualify)
- VA Hospital Retail Store/Canteen (Gift shop offering a variety of items, all with no sales tax!) 3350 La Jolla Village Drive
- [Career Counseling and Planning](#) (Many resources for professional development; see next two entries, also)
- [Career Connection](#) (Resources for a more personalized approach to planning your career)
- [Career Services Center](#) (Check your eligibility for services on this page)
- [Shipping Personal Packages](#) (DHL, FedEx, or UPS Discount)
- [Cell Phone Discounts](#) (See paragraph entitled "Cell phones for personal use" near bottom of webpage)
- [Safety Escorts](#) (Call X4WALK to obtain an escort after dark)
- [CRMS](#) Campus Research Machine Shop (Tools & Metal Supplies) 7AM-3:30PM M-F (Basement of Urey Hall)
- [Surplus Sales](#) (See the "Customer Service" link for policies)
- [Employee Discounts](#) (Some items not listed elsewhere)
- [The Train Yard](#) (More services and resources)